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A FICKLE FEBRUARY

The teams to trust during this crazy college hoops season **12**

DEFENSE DEBATE

Pentagon weighs drone cuts to save money as goals shift **3**

'FIFTY SHADES OF GREY'

Blindfolds, bars and bands spice up a new workout **17**

am **52** | **35** pm

FOR EXTENDED FORECAST, SEE PAGE 29

AN UNEXPECTED EXIT

Pope Benedict XVI's historic resignation leaves behind an uncertain church **11**



GETTY IMAGES/EXPRESS ILLUSTRATION

eo

eye openers

FOR SALE

Hulk, Ironman and Popeye Reportedly Interested

Police in central Pennsylvania are selling a 5-ton safe to the highest bidder — as long as the buyer can move it. Berwick police Chief Kenneth Strish said the “humongous” safe is still too small to store police munitions. The safe was already in the basement when police moved into the building in 2009. Local officials say the minimum bid is \$3,000. (AP)

REGRETS

“Unfortunately for him, the phone rang at the wrong time and guards knew he had a phone at the wrong end.”

— AN UNNAMED OFFICIAL, AFTER A SRI LANKAN PRISONER TRIED TO HIDE A MOBILE PHONE “INSIDE HIS PERSON,” THE U.K. WEBSITE ORANGE NEWS REPORTED MONDAY

SWEET 16 GIFTS

Teen Gets to Have That Image In His Head When Driving

A Bountiful, Utah, woman gave birth to a baby boy this weekend in her truck on the side of the freeway. Heather and Kayson Gines were on their way to a hospital Saturday morning when her contractions worsened and she gave birth to their son, Tatum. The couple hopes to give the truck to him when he’s old enough to drive. (AP)

The Big Picture

THOMAS LOHNES/GETTY IMAGES



PUTTING YOUR HALLOWEEN COSTUME TO SHAME: A reveler celebrates during a Rose Monday carnival parade in Herbstein, Germany. Rose Monday marks a day of free-spirited merrymaking before Ash Wednesday, the beginning of Lent.



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Pentagon Mulls Drone Cutbacks

Military leaders say they have enough to wage future wars

Langley Air Force Base

The Pentagon for the first time is considering scaling back the massive buildup of drones it has overseen in the past few years, both to save money and to adapt to changing security threats and an increased focus on Asia as the Afghan war winds down.

Air Force leaders are saying the military may already have enough unmanned aircraft systems to wage the wars of the future. And the Pentagon's shift to Asia will require a new mix of drones and other aircraft because countries in that region are better able to detect unmanned versions and shoot them down.

If the Pentagon does slow the huge building and deployment pro-



Backstory

Overall, Pentagon spending on unmanned aircraft has jumped from \$284 million in 2000 to nearly \$4 billion in the past fiscal year, while the number of U.S. drones has rocketed from fewer than 200 in 2002 to at least 7,500 now.

The discussions to consider scaling back on drones may trigger heated debate because drones have become so important to the military. They can provide 24-hour patrols over hotspots, gather intelligence by pulling in millions of terabytes of data and hours of video feeds, and they can also launch precisely targeted airstrikes without putting a U.S. pilot at risk. (AP)

gram, which was ordered several years ago by then-Defense Secretary Robert Gates, it won't affect the CIA drone strikes in Pakistan, Yemen and elsewhere against terror suspects. Those strikes were brought center stage last week during the confirmation hearing for White House counterterror chief John Brennan, President Barack Obama's pick to lead the CIA.

If the Pentagon does slow the drone program, it won't affect the CIA drone strikes in Pakistan, Yemen and elsewhere against terror suspects.

Gen. Mike Hostage, commander of Air Combat Command, said senior leaders are analyzing the military's drone needs and discussions are beginning. But he said the current number patrolling the skies overseas may already be more than the service can afford to maintain.

"We are trying to do the analysis and engage in the discussion to say at some point the downturn in operations and the upsurge in capabilities has got to meet," Hostage said.

The analysis began before Brennan's confirmation hearings, where he was questioned sharply about the CIA's use of drones to kill terror suspects, including American citizens overseas. The CIA gets its attack drones from the Air Force fleet, but any decision to stop building them would be unlikely to have any effect on that program.

LOLITA C. BALDOR (AP)

In Brief



President Barack Obama gives retired Staff Sgt. Clinton Romesha the Medal of Honor on Monday at the White House.

WASHINGTON

Veteran Receives Medal Of Honor for Bravery

President Barack Obama lauded retired Staff Sgt. Clinton Romesha as the veteran who helped "defend the indefensible" at a vulnerable Army outpost in Afghanistan. Romesha received the Medal of Honor, the nation's highest award for valor, Monday at a ceremony that also honored the eight men who did not survive the Taliban attack in 2009. (AP)

WASHINGTON

Senate Panel Will Vote On Hagel's Nomination

Senate Democrats are pushing ahead with a vote Tuesday on Chuck Hagel's nomination to be defense secretary, rejecting Republican demands for more financial information from Hagel. (AP)

RIVERSIDE, CALIF.

Fugitive Ex-Cop Charged With Murder of Officer

A fugitive ex-Los Angeles police officer was charged Monday with murdering a Riverside police officer under special circumstances that could bring the death penalty. Christopher Dorner was also charged with the attempted murder of another Riverside officer and two Los Angeles Police Department officers. (AP)

WASHINGTON

Ted Nugent Invited to Attend State of the Union

Rep. Steve Stockman, R-Texas, said Monday on his website that he's invited rocker Ted Nugent, who has referred to President Barack Obama's administration as "evil, America-hating," to the State of the Union address Tuesday. (AP)

Hearsay

"I'm not religious, but I always felt I was put on the earth to do something specific. After that mission, I knew what it was."

— THE NAVY SEAL WHO FATALLY SHOT OSAMA BIN LADEN, QUOTED IN AN ESQUIRE MAGAZINE INTERVIEW RELEASED MONDAY. THE UNNAMED MAN LEFT THE NAVY IN SEPTEMBER, RETIRING AFTER 16 YEARS — FOUR SHY OF THE 20 YEARS REQUIRED TO GET TRANSITIONAL HEALTH INSURANCE AND A PENSION.

3 Die in Del. Courthouse Shooting

Police: Gunman kills women before dying in deadly exchange

Wilmington, Del.

A gunman who spent years in court battles over child custody disputes opened fire Monday in the lobby of a Delaware courthouse, leaving two women dead before police fatally shot him, authorities said.

"It happened so fast," said Jose Beltran, 53, an employee at the New Castle County Courthouse who was entering the lobby when he heard two shots. He said he turned around and heard three or more shots as he ran.

Delaware State Police Sgt. Paul



A police officer patrols a courthouse crime scene Monday in Wilmington, Del.

Shavack said the suspected gunman and two women are dead. He said two police officers suffered non-life-threatening injuries.

Delaware Attorney General Beau Biden said at a news conference that the shooting was not a random act of violence.

"It's developed out of a long, over the course of many years, custody dispute in the courts of this state," he said.

Earlier, Shavack said the gunman opened fire before he passed metal detectors in the lobby.

"The violence today has saddened and horrified all of us," Delaware Chief Justice Myron T. Steele said in the statement. "I know I can speak for our entire judiciary in thanking the Capitol Police for risking their lives to protect as many of our citizens and employees as they could."

RANDALL CHASE (AP)

20% The amount of people who had an error in a credit report issued by a major agency, according to a government study released Monday. The Federal Trade Commission study also said 5 percent of the consumers identified errors in their reports that could lead to them paying more for mortgages, auto loans or other financial products. (AP)



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Nation

Northeast Commuters Struggle

Hartford, Conn.

The workweek opened with a white-knuckle ride Monday in the snow-clobbered Northeast as drivers encountered unplowed streets, two-lane roads reduced to a single channel and snowbanks so high it was impossible to see around corners.

Schools remained closed across much of New England and New York, and about 140,000 homes and businesses were still waiting for the electricity to come back on after an epic storm swept through Friday and Saturday with 1 to 3 feet of snow.

The storm was blamed for at least 15 deaths in the U.S. and Canada, and officials warned of a new danger as rain and higher temperatures set in: roof collapses.

Connecticut Gov. Dannel P. Malloy said there have been about six roof collapses so far involving barns and other structures.

Most major highways were cleared by Monday, but the volume of snow was just too much to handle on many secondary roads. In hard-hit Connecticut, where some places were buried in more



FRANK EITMAN/AP

Vehicles try to maneuver a snow- and ice-covered road Monday in Medford, N.Y.

than 3 feet of snow, the National Guard used heavy equipment to clear roads in the state's three biggest cities.

Flights resumed at major airports in the region, and the number of homes and businesses without power was down from a peak at 650,000. Nearly 120,000 of those still waiting were in Massachusetts.

While many attempted to resume their routines, others

remained hopelessly stranded.

In North Haven, Conn., First Selectman Michael Freda said that with many driveways still to be cleared, people were running out of heating oil and prescription medication.

"What this is creating, particularly in the senior citizen sector, is a bit of psychological anxiety, which is creating a lot of emotion," he said. MICHAEL MELIA (AP)

A Day After Tornado, Disbelief in Miss.



BRYANT HAWKINS/AP

LISA LOFTON STANDS in the damaged bedroom of her house Monday in Hattiesburg, Miss. A powerful twister tore a path Sunday afternoon across at least three counties, injuring more than 60 people. About 200 homes and mobile homes were damaged or destroyed, with 100 apartments left uninhabitable.



CONTESTS

Name These Moons

Astronomers announced a contest Monday to name Pluto's two tiniest moons, P4 and P5, recently discovered over the past two years. Twelve choices are available at www.pluto.rocks.com. Write-in name suggestions are fine but must come from Greek or Roman mythology and deal with the underworld. Online voting ends Feb. 25. (AP)

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World

In Brief



Youths peer at the heavily damaged police station in Gao, Mali, on Monday.

GAO, MALI

French, Malian Forces Regain Control of City

Malian soldiers scoured the city of Gao on Monday for remnants of the Islamists who invaded the town and engaged in an hours-long fight before French and Malian forces regained control. Sunday's brazen assault marked the first time the jihadists had penetrated the city since they fled two weeks ago. (AP)

LONDON

10th Known Case of Virus Related to SARS Found

British officials have found the world's 10th known case of a mysterious disease first identified last year. Coronaviruses are a family of viruses behind ailments including the common cold and SARS. The patient is in the intensive care unit, according to a statement Monday from Britain's Health Protection Agency. (AP)

PESHAWAR, PAKISTAN

Official: Taliban Warns Against Viagra Use

The Taliban is warning stores not to sell such sex-related drugs as Viagra, the head of a Pakistani trade association said Monday. Shamsheer Khan Afridi said he received a warning text message from the Pakistani Taliban on Saturday and that he has asked thousands of shopkeepers in Peshawar to comply. (AP)

MOSCOW

Blast at Mine Kills 18

A blast at a coal mine in Russia on Monday killed 18 people, officials said. Rescuers have recovered 10 bodies at the mine in Russia's Komi region, officials said. Five miners survived the blast. (AP)



At left, a child in Lagos, Nigeria, prays with a rosary Monday.



At right, two people carry a cross on the steps of St. Peter's Basilica at the Vatican after the announcement.

'We Need God's Messenger'

Pope's plan to resign stuns Catholics but stirs hope for church

Rio de Janeiro

Roman Catholics around the world expressed disbelief and grief Monday at the first papal resignation in six centuries. Some saw it as a dramatic act of humility, others as a sign of crisis in the Roman Catholic Church. Many expressed hope that a more dynamic new pope could energize the church and lead it into a new era.

Still, shock was the overwhelming first response to Pope Benedict XVI's announcement Monday that

Meanwhile ...

Many in Germany haven't had an easy relationship with Pope Benedict XVI, but most on Monday praised their countryman's courage in deciding to step down from his position amid failing health. Chancellor Angela Merkel, a Protestant, said the pontiff's decision "earns my very highest respect." Unlike Polish-born predecessor John Paul II, Benedict hasn't enjoyed undivided admiration in his country, which is roughly evenly split between Catholics and Protestants and where many didn't appreciate his conservative approach. (AP)

he would retire Feb. 28.

"He can't quit like that," said Alis Ramirez of Caracas, Venezuela. "This can't be."

"Nobody was expecting it. It was quite a shock," said Cardinal Thomas Collins of Toronto, Canada.

Many Catholics, however, praised Benedict for bravery and

modesty in deciding to step aside.

The news also brought reawakened calls for a more energetic successor from a developing country. The church has been battered by sex-abuse scandals in the northern hemisphere, but the number of believers is growing in Africa, and half the world's Catholics live

in Latin America.

"We need someone young who can bring back the dynamism to the church," said Zulma Alves, a cook in Rio de Janeiro.

In Lagos, Nigeria's largest city, trader Chukwuma Awaegwu put his feelings simply Monday: "If I had my way, an African should be the next pope, or someone from Nigeria."

But in the end, "it doesn't matter who it is: be it a Latino, European or Asian," said Ferya Caicedo of Pradera, Colombia. "This world is crazy, with lots of violence, lots of corruption. We are killing one another for crumbs and we need God's messenger, whoever it may be." JULIANA BARBASSA (AP)

Fury Boils Over on Anniversary of Mubarak's Ouster

Cairo

Security forces sprayed protesters with water hoses and tear gas outside the presidential palace Monday as Egyptians marked the second anniversary of autocrat Hosni Mubarak's ouster with demonstrations against his elected successor.

The forces were trying to disperse a small crowd of protesters after some of them tried to cross a barbed wire barrier.

Graffiti scribbled on the palace



A protester in Cairo shouts against President Mohammed Morsi on Monday.

walls read: "Erhal" or "Leave," the chant that echoed through Tahrir Square during the 18-day uprising that ended with Mubarak stepping down Feb. 11, 2011.

Hundreds also rallied to demand justice for the protesters who were slain after Islamist President Mohammed Morsi took office last summer. Egypt has been gripped by political turmoil since Mubarak's ouster, sparked largely by widespread abuse at the hands of state security agencies. (AP)

CRIME

Scrappy Thieves

When Greece adopted the euro, it poured billions into its infrastructure — building bridges, highways, and a rail network for Athens. Now, debt-saddled Greeks are raiding the projects to sell metal for scrap. Police say they arrest an average of four metal thieves every day. (AP)



World

Syrian Rebels Capture Major Dam

Beirut

Syrian rebels captured the country's largest dam Monday after days of intense clashes, giving them control over water and electricity supplies for much of the country in a major blow to President Bashar Assad's regime.

The rebels had already seized two other dams on the Euphrates River. But the latest conquest, the al-Furat dam in northeastern Raqqa province, was a major coup for the opposition. It handed them control over water and electricity supplies for both government-held areas and large swathes of land the opposition has captured over the past 22 months of fighting.

Rami Abdul-Rahman, of the U.K.-based Syrian Observatory

Meanwhile ...

Two car bombings in northern Syria killed 26 people Monday. One bombing, which officials said left 12 people dead and 28 injured, was near a border crossing with Turkey. Activists also said car bombs near an intelligence office in Shadadah killed at least 14 agents. Both attacks were blamed on al-Qaeda-linked militant group Jabhat al-Nusra. (AP)

for Human Rights, said the rebel assault was led by al-Qaeda-linked militant group Jabhat al-Nusra.

The government did not confirm it had lost control of the dam.

Earlier this month, the Observatory said rebels seized a smaller dam in Raqqa province. (AP)

Hearsay



DANIEL MEHALES/CUJAF/GETTY

"I want to help catch and punish the guilty ones. ... We are victims of this fraud."

— **VICTOR PONTA**, PRIME MINISTER OF ROMANIA, ON MONDAY SAYING THAT THE TWO ROMANIAN PLANTS BELIEVED TO BE THE SOURCE OF HORSEMEAT LABELED AS BEEF HAD DECLARED IT PROPERLY AND ANY FRAUD WAS COMMITTED ELSEWHERE IN THE PROCESS. THE MEAT SCANDAL HAS DRAWN OUTRAGE ACROSS EUROPE.

In Nepal, New Year is Merry and Bright



MIRAMIAN SHRESTHA/AP

WORKERS FLING HOLY COLORS offered by devotees upon the Boudhanath stupa — a revered Buddhist site — in Katmandu, Nepal, on Monday. It was the first day of the New Year of the Sherpas, the Tamangs and the Tibetans.

50 **The number of containers** of military equipment that crossed into Pakistan as the U.S. began its withdrawal from Afghanistan in earnest, officials said Monday. It was the first shipment of what will be tens of thousands of containers sent through a once-blocked land route. Pakistan had closed the route during a diplomatic standoff with Washington, meaning the U.S. had to use a longer, more costly, path that runs north through Central Asia and Russia. (AP)

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Will Tunnels Take Priority?

Q When considering future priorities, how expensive would the proposed walking tunnels be relative to new rail options? I'd think they'd be much less complicated, improve passage in the middle of the system for existing traffic, and take traffic away from transfer points.

I think the pedestrian tunnels between Farragut North and Farragut West and between Metro Center and Gallery Place would be a huge improvement. And the price tag also would be huge: About a billion dollars.

And that estimate is in 2012 dollars, without any detailed engineer-

ing studies that might reveal additional costs.

In the draft of Metro's long-range plan — the thing called "Momentum" — these tunnels are a target for 2025. But my guess is that very few people commuting today will ever walk through them.

Q What is the status of the Silver Spring Transit Station? I go past it every day, twice a day, and I swear I have never seen any work being done. This is striking me as a bad, overwrought idea from the get-go.

This is a Montgomery County fiasco. The county government is talking

about the possibility of the downtown transit center opening in September, but there aren't many reasons to believe that will happen.

The idea of collecting transit services in one place and using it as a focal point for downtown development was pretty good. The execution was terrible.

It isn't so much that this moderately sized concrete and steel garage is taking longer to complete than the Beltway HOT lanes. The issue is more that bus riders and pedestrians have been inconvenienced for years by this project.

Q This weekend will be the third-straight in which the Red Line has a significant amount

of single-tracking for riders from Silver Spring, where I live. My response has been to make plans that don't involve Metro, mostly substituting driving. Do Metro ridership statistics show a decline in weekend ridership since the aggressive maintenance program started?

Metro ridership dropped on weekends last year. If that's because people are discouraged about the weekend service, it would make sense. Why would anyone ride Metrorail on a weekend if they didn't have to?

I agree that Metro needs to do the work. But I don't see why the communications with weekend riders can't be better. At least, Metro's online Trip Planner should reflect the delays.

This is going to continue for four more years, at this intense level.



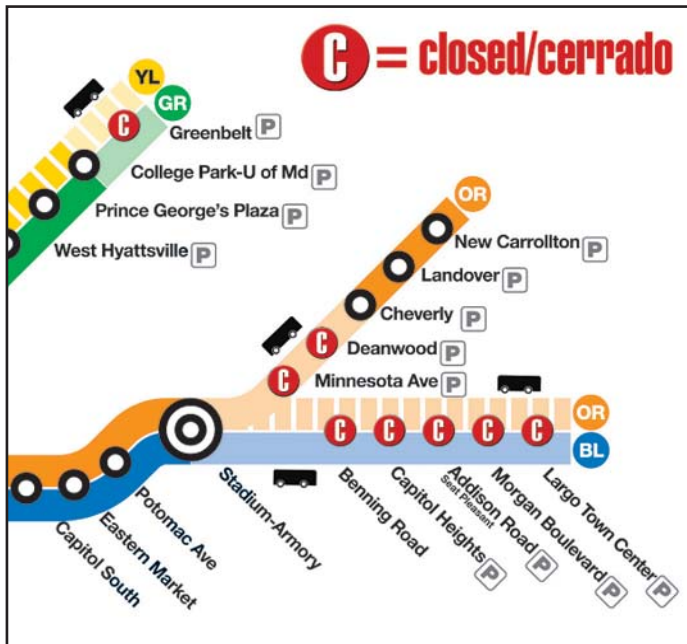
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TRACK WORK THIS WEEKEND



From Friday, February 15 at 10 p.m. to Monday, February 18 at closing: Buses replace trains on the Green Line between College Park and Greenbelt, on the Orange Line between Stadium-Armory and Cheverly and on the Blue Line between Stadium-Armory and Largo Town Center while Metro replaces switches and constructs a test track for the new 7000 Series trains. For last train times or information about shuttle bus service, parking, alternate routes or track work on upcoming weekends, please visit MetroForward.com or call 202-637-7000.



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Local

Region Boasts Broad Affluence

Census shows 1 in 7 households in top 5 percent of incomes

Washington

One in 7 households in the Washington region have incomes that propel them into the top 5 percent, the third-highest level in the nation, new census figures released Monday show.

Only the metro areas of Bridgeport, Conn., and San Jose, Calif., have higher concentrations of high-income households.

Washington, with 14 percent of all households in the top 5 per-

cent, has a higher share than the areas surrounding San Francisco and New York City.

The upper tier is composed of households with incomes above about \$191,500, so many who are in that group consider themselves solidly middle class. Washington owes its ranking largely to the predominance of two-income, college-educated households.

The broad affluence, which was barely dented even as the rest of the country went through a crippling recession, has helped fuel a transformation in Washington and its suburbs.

More luxury retailers have opened in the region's choicest



JEFFREY MACMILLAN/FTWP

Luxury retailers, such as this Bulgari store, have flocked to the area recently.

neighborhoods, and housing prices dipped rather than collapsed before climbing back up again.

But the higher cost of living that accompanies such widespread prosperity has squeezed the mid-

dle class and pushed even longtime residents into more distant suburbs where housing costs less. The costs also make it more expensive to do business here, as employers must pay bigger salaries and benefits to lure talent.

"I'd rather be at the top than the bottom, so it's mostly good," said Jim Dinegar, head of the Greater Washington Board of Trade. "But there's beginning to be a backlash from around the country of people saying, 'Gee, the greater Washington area is successful and the rest of us are suffering.' That's just not healthy."

CAROL MORELLO AND TED MELLNICK (THE WASHINGTON POST)

McDonnell May Compromise On Va. Gas Tax

McLean, Va.

Virginia Gov. Bob McDonnell says he's willing to compromise on a key detail of his \$3 billion transportation package to get it through the state Senate.

At a news conference Monday in McLean, McDonnell said he would consider a plan that does not fully eliminate the state's 17½ cents-per-gallon gasoline tax.

If legislators want to phase the gas tax out over time, or leave a reduced gas tax in place, McDonnell, a Republican, said he would consider it.

McDonnell's proposal calls for abolishing the gas tax and replacing the money by increasing the sales tax from 5 to 5.8 percent. (AP)

You Put Your Right Hand in, You Put Your Left Hand Out



BONNIE JO MOUNT/FTWP

MASTER POLICE OFFICER CURTIS COLEMAN WORKS with police academy recruit Alen Bukvic, right, as he practices traffic control Monday at the intersection of Chesapeake Street and Martin Luther King Jr. Avenue SW. The students were learning traffic directing skills. The class will graduate from the police academy in June. | postlocal.com

The Lotteries

Monday, Feb. 11

Maryland

- Mid-day Pick 3 2-9-3
- Evening Pick 3 (Sun.) 1-1-8
- Mid-day Pick 4 7-7-7-2
- Evening Pick 4 (Sun.) 3-2-7-1
- Match 5 (Sun.) 13-14-23-29-34 (36)

District

- Mid-day Lucky Numbers 7-6-1
- Evening Lucky Numbers (Sun.) 9-0-2
- Mid-day DC 4 1-6-8-5
- Evening DC 4 (Sun.) 4-8-2-5
- Mid-day D.C. Five 2-6-0-0-0
- Evening D.C. Five (Sun.) 7-5-7-7-5

Virginia

- Mid-day Pick 3 4-2-7
- Evening Pick 3 (Sun.) 4-0-9
- Mid-day Pick 4 4-3-2-7
- Evening Pick 4 (Sun.) 0-9-0-8
- Mid-day Cash 5 (Sun.) 6-11-19-22-25
- Evening Cash 5 (Sun.) 3-7-11-12-16

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IT'S BACK!

Hooray!

The most wonderful time of the year is upon us again. Each year since 2007, The Washington Post has invited readers to celebrate the mushy muse of marshmallow Peeps. Over six years, we've seen the treats turned into political activists, works of art, royal wedding participants and pop icons (think Justin Peep-er). And now, it's that time again: This is your official notification that the seventh annual **Peeps Diorama Contest** is underway.

For those of you new to the idea of creating art using sugary treats, here's the deal: We want you to make a diorama of a famous occurrence or scene. It can be a historic, current or future event, or it can be a nod to pop culture. The one rule is that all the characters in the diorama must be played by Peeps.

The process:

Think of a scene. Sketch some ideas. Possible extra credit given to those who deftly employ puns in the diorama concept or title.

Make your diorama using a shoebox or comparable item of reasonable size, not to exceed three feet wide by two feet deep by two feet tall. To be eligible for finalist standing, the diorama must be transportable to our office by one person.

Take photos of your diorama. Then, upload not more than two photos of your diorama to washingtonpost.com/peeps. Your pictures must be in jpeg format. You will also be asked to provide the following:

- Your name, age and hometown.
- The names, ages and hometowns of anybody who contributed to the diorama.
- A phone number and e-mail address (not for publication).
- The title of your diorama and a blurb about its creation or significance.

Entries without this information will not be considered. You will receive an e-mail acknowledging receipt of your entry.

Photo submissions are due by Monday, February 25 at 11:59 p.m. ET, but keep your masterpieces intact after submission.

The Washington Post Magazine staff (who are judges) will pick five finalists based on originality of concept and skill in execution; those dioramas will be picked up via courier and judged in person to determine the winner.

The grand prize winner—as voted by Magazine staff—will receive a \$100 American Express gift check and an Executive Peeps gift box. Four runners-up will receive a \$50 American Express gift check and an Executive Peeps gift box. The gift box is courtesy of Peeps and Company.

Photos of our semi-finalists, finalists and winner will run on Sunday, March 31

Diorama photos due Feb. 25!

Need inspiration? View last year's submissions at
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DIORAMA

CONTEST

No purchase necessary. Contest is open to anyone in the United States, but the five finalists must be residents of the District of Columbia, Maryland or Virginia. Contestants must be 13 years of age or older to enter. If you are under 13, have a parent, guardian or teacher submit your entry. One entry per person. Employees of The Washington Post or their immediate families are not eligible to enter.

For complete rules, visit washingtonpost.com/postfun



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The Washington Post
If you don't get it, you don't get it.



Pope Benedict XVI led a Mass at Nationals Park in 2008, during a U.S. tour that held his first known meeting with clergy sex-abuse victims.

Stunning Departure

The pope, bucking 600 years of tradition, plans to resign, leaving the church in flux

Vatican City

With a few words in Latin and citing his advanced age, Pope Benedict XVI did Monday what no pope has done in more than half a millennium, announcing his resignation and sending the already troubled Catholic Church scrambling to replace the leader of its 1 billion followers by Easter.

Not even the 85-year-old pope's closest associates had advance word of the news, a bombshell that he dropped during a routine morning meeting of Vatican cardinals. And with no clear favorites to succeed him, another surprise likely awaits when the cardinals elect Benedict's successor next month.

"Without doubt this is a historic moment," said Cardinal Christoph Schoenborn, a protege and former the-

ology student of Benedict's who is considered a papal contender. "Right now, 1.2 billion Catholics the world over are holding their breath."

While taking the Vatican and world by surprise, Benedict had laid the groundwork for the decision years ago, saying popes have the obligation to resign if they can't carry on.

Since becoming pope in 2005, Benedict has charted a very conservative course for the church, trying to reawaken Christianity in Europe, where it had fallen by the wayside, and return the church to its traditional roots, which he felt had been betrayed by a botched interpretation of the modernizing reforms of the Second Vatican Council.

His efforts, though, were overshadowed by a worldwide clerical sex-abuse scandal, communication gaffes that out-

Papal Process

Pope Benedict XVI's announcement Monday that he will resign sets in motion a complex sequence of events to elect the next leader of the Roman Catholic Church. Here's how it works:

Summoning The Vatican convenes a conclave of cardinals that must begin 15-20 days after Benedict's Feb. 28 resignation. Cardinals eligible to vote — those under age 80 — are sequestered and take an oath of secrecy.

Balloting Two ballots are held each morning and two each afternoon in the Sistine Chapel. A two-thirds majority is required to win election.



Smoke Signal Ballots are burned after each round. Black smoke means no decision; white smoke signals that cardinals have chosen pope and he has accepted.

Introduction The new pope is introduced from the loggia overlooking St. Peter's Square with the words "Habemus Papam!" (Latin for "We have a pope!") and he then imparts his first blessing. (AP)

Odds Are ...

Cardinals from Ghana, Canada and Nigeria were among the early favorites to replace Pope Benedict XVI, as picked by major British bookmaker William Hill. (AP)



Ghana's Cardinal Peter Turkson

3/1



Canada's Cardinal Marc Ouellet

7/2



Nigeria's Cardinal Francis Arinze

4/1

Ireland's Paddy Power gave odds on unlikely candidates, such as:



U2 singer Bono

1,000/1

The Next Pope

Get details on other names being floated for the papacy at Wapo.st/WVy5IW.

The Catholic world reacts, Page 6

raged Jews and Muslims and, more recently, a scandal over leaked documents by his own butler. Many of his stated priorities as pope also fell short: He failed to establish relations with China, heal the schism and reunite with the Orthodox Church, or reconcile with a group of breakaway, traditionalist Catholics.

And hard as he tried to heal the church's wounds, Benedict's message was always clouded by his wooden personal style. No globe-trotting showman or media darling like John Paul, Benedict was an academic to the core. He spoke in paragraphs, not sound bites. In recent years, his declining health made him seem increasingly fragile and somewhat disengaged in public.

"His age is weighing on him. At this age, my brother wants more rest."

— GEORG RATZINGER, THE 89-YEAR-OLD BROTHER OF POPE BENEDICT XVI, IN AN INTERVIEW MONDAY WITH THE DPA NEWS AGENCY IN GERMANY. HE SAID BENEDICT'S DOCTORS HAD ADVISED HIM AGAINST TRANSATLANTIC TRIPS.

As a top aide, Benedict watched from up close as Pope John Paul II suffered publicly from the Parkinson's disease that enfeebled him in the final years of his papacy. Clearly, Benedict wanted to avoid the same fate as his advancing age took its toll, though the Vatican said the announcement was not prompted by a specific malady.

"After having repeatedly examined my conscience before God, I have come to the certainty that my strengths due to an advanced age are no longer suited" to the demands of being the pope, he told the cardinals.

Popes are allowed to resign, but few have — and none for a very long time.

The last pope to resign was Pope Gregory XII, who stepped down in 1415 in a deal to end the Great Western Schism, a dispute among competing papal claimants.

When Benedict was elected in 2005 at age 78, he was the oldest pope chosen in nearly 300 years. At the time, he had already been planning to retire as the Vatican's chief orthodoxy watchdog to spend his final years writing in the "peace and quiet" of his native Bavaria. (AP)

Eagles, QB Vick Agree to a Restructured Contract

NFL

Quarterback Michael Vick has agreed to a restructured deal with the Philadelphia Eagles.

Vick, who was injured and inconsistent last season, eventually giving way to rookie Nick Foles, now has a one-year contract for the 2013 season and will compete with Foles over the next nine months to see who will run new coach Chip Kelly's offense.

Vick Has Been on the Decline Since 2010

Year	Games	Passing Yards	Passing TDs	INTs	Passer Rating	Rushing Yards	Rushing TDs
2010	12	3,018	21	6	100.2	676	9
2011	13	3,303	18	14	84.9	589	1
2012	10	2,362	12	10	78.1	332	1

Vick, who returned to start the season finale vs. the New York Giants in December because Foles was injured, finished the season with 2,362 yards passing, 13 total touchdowns and 10 interceptions. The Eagles finished 4-12 and in last place in the NFC East.

Andy Reid was fired as coach the day after the season ended, and Kelly was hired last month. Vick, who will be 33 when next season begins, is still elusive when healthy, and seems equipped to run Kelly's aggressive, up-tempo offense that he is bringing to the Eagles from Oregon.

"He wanted to be here," Kelly said Monday. "I had never met him before. The one thing that attracted me to him is Michael is a competitor. Nick is, too. You want guys

who want to compete."

The new contract replaces the six-year, \$100 million contract Vick signed in 2011. He was signed by Philadelphia in 2009 and became the starter in 2010. He led the Eagles that season to an NFC East title.

There are questions about Vick's durability, as he seems far removed from that resurgent 2010 season. He finished that year with 3,018 yards passing, 676 yards rushing and 30 total touchdowns. **ROB MAADDI (AP)**

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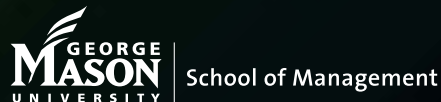
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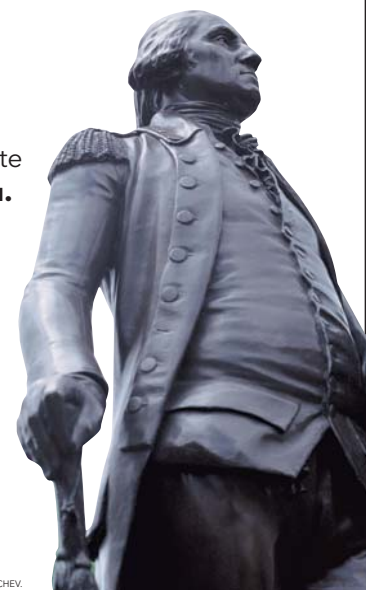
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Sports



EZRA SHAW/GETTY IMAGES

Pitcher Chris Carpenter, 37, has been shut down for apparent circulation issues.

Cardinals' Carpenter Hopeful He'll Be Back

MLB

St. Louis Cardinals pitcher Chris Carpenter hasn't ruled out pitching again, including this year.

If that seems remarkable, remember that Carpenter's sporadically brilliant career has included several comebacks from injury.

The 37-year-old Carpenter met with reporters at Busch Stadium on Monday as pitchers and catchers reported to spring training in Jupiter, Fla. Last week, the team said it wasn't counting on the longtime staff ace this season, shut down this time due to apparent circulation problems that left his pitching hand aching and discolored for hours after he left the mound.

Against odds, perhaps, there's dogged optimism.

"Maybe I don't ever want it to end," Carpenter said. "I don't think I'll ever retire, to be honest with you. I'll never say that word. There might always be hope. Maybe like

when I'm 48 I can come back and pitch some more."

The 2005 NL Cy Young winner plans on meeting with team medical personnel once they return to St. Louis after conducting physical exams in Florida. He hadn't responded to text messages from well-wishers, nor one from Dr. Greg Pearl of Dallas, who performed radical surgery last July to relieve nerve compression in the shoulder that involved removing a rib, because he "didn't know what to say."

"It was supposed to be fine," Carpenter said. "And it hasn't been. So we'll see what happens."

When Carpenter was shut down last spring, the symptoms were numbness and tingling up and down the right side of the body, including his face. Carpenter was confident he'd be ready to go, but he had to cut short his first attempt throwing off a mound. He gave it a few more tries before informing the team. R.B. FALLSTROM (AP)

TV Lineup

COLLEGE HOOPS (7 P.M., ESPN)

Kentucky is back in the AP poll at No. 25 and has a chance to improve its résumé on the road against SEC-leading Florida.

NBA (7:30 P.M., NBATV)

LeBron James has had at least 30 points and shot at least 60 percent from the floor in five straight games. Can he continue that streak at home vs. Portland?

CAPITALS (7:30 P.M., CSN)

After beating the Panthers 5-0 on Saturday, the last-place Caps get a chance for another win against Florida.

COLLEGE HOOPS (9 P.M., ESPN)

No. 4 Michigan ends one of the toughest four-game stretches at No. 8 Michigan State. The Wolverines lost to No. 1 Indiana, beat No. 13 Ohio State in OT, then lost at No. 20 Wisconsin in OT.

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Guinea Pig | Watch This

People want a strapping chest, not a chest strap. That's why pulses are racing for the Mio Alpha (\$199, Alphaheartrate.com), a watch that reads your heart rate through your wrist. Our numbers seemed on target even when we weren't — the gizmo beeps and emits a blue flash if you fall below your target zone and a red one if you overdo it. It required a snug fit to get a reading, but we're willing to get cozy with such a catch.



At left, AcroYoga creators Jason Nemer and Jenny Sauer-Klein pose. Classes are held in a circle, below.



KADRIR KURGUN PHOTOS

A Balance Of Powers

AcroYoga co-creator Jason Nemer lifts more than just spirits

Some people dream of shaking hands with the president, or maybe sharing a beer with him. Jason Nemer's dream is a little different: "I want to fly Mr. Barack Obama."

Nemer is the co-creator of AcroYoga, a practice that melds the spectacle of circus arts with the healing power of massage and the breathwork of yoga. And when he talks of "flying," he doesn't mean in an airplane — he does enough of that while teaching his techniques around the globe. Rather, Nemer imagines lifting Obama off

the ground, so the POTUS can feel the freedom of posing in midair.

"I'd teach him that he doesn't need to carry everything," says Nemer, who'll get closer in proximity



Nemer

to his dream this month when he comes to Logan's Flow Yoga Center to lead an immersion course.

This will be his first time teaching in Washington, although AcroYoga has already established a presence in the area through workshops at various yoga studios, as well as practice sessions in Meridian Hill Park.

AcroYogis "jamming" in public

spaces is what's built up the program so quickly, Nemer says. He and co-founder Jenny Sauer-Klein met in December 2003, when both were training at Circus Center San Francisco, and they started teaching the next month. Soon, they were certifying other instructors and watching AcroYoga help thousands of people conquer fears and connect with others.

The combination of Nemer's and Sauer-Klein's interests has historical precedent: Krishnamacharya, called the "father of modern yoga," was inspired by British gymnastics and "flew" a few people himself in the first half of the 20th century.

Since then, others have toyed with blending yoga with acrobatics or with massage.

"There's been flirting between them for a long time," Nemer says. But there's never been such a need for this practice until now, he adds. "Our society has moved so much to this cyber world that we don't touch other humans. We need to get to laugh and play and learn about communicating."

One of the first positions he

teaches students is plank on plank: Someone gets into plank, and then a partner grabs that person's ankles and pops on top in the same position, only facing in the opposite direction. From there, it's possible to do pushups — and almost anything else, Nemer says.

Although it's a fairly simple move, it requires working together and putting faith in another person. And that's really the basis for all AcroYoga, both the athletic positions that demand strength and the therapeutic ones that call for complete passivity. (A partner can serve as a human traction machine, helping someone use gravity to let loose.)

In every session, the goal is to do something that didn't seem possible before. That might be balancing in handstand on someone else's palms, or it might be trusting a stranger to fly you. Whatever the goal, Nemer says, people learn that they're capable of much more than they realized.

"That carries off the mat and into their personal life," adds Nemer, who sees the potential for using AcroYoga to foster peace in the Middle East and instill confidence in children touched by tragedy.

Another upcoming outlet for AcroYoga? Gyms. Nemer has developed a curriculum for AcroYoga Fitness — a class that centers on circuit partner training — that he expects to roll out this summer.

But first comes this trip to D.C., which includes a White House tour — and maybe a chance to get Obama flying on something other than Air Force One. VICKY HALLETT (EXPRESS)

Training for Dynamic Duos

Jason Nemer's five-day immersion course is sold out, but there are other opportunities to partner up:

- AcroYoga instructor Vanessa King is teaching "Give Love: Partner Yoga and Thai Massage," at 4:15 p.m. Saturday at Little River Yoga (\$60 per couple; 6025 Wilson Blvd., Arlington; 703-203-8510, Littleriveryoga.com).
- At 6 p.m. Saturday, Urban Evolution will host **Acro Sutra**, a workshop culminating with a group pose (the "Three-Headed Dragon") and bubbly (\$20-\$30 per person; 5402 Eisenhower Ave., Alexandria; 571-215-8218, Urbanevo.com).
- **Trapeze School New York's** location by the Navy Yard offers partner balancing on Wednesdays, Thursdays and Saturdays. Every class is different, but instructor Kierstan Van Houten promises new tricks and a full-body workout (\$30, 4th and Tingey streets SE; 410-459-6839, Washingtondc.trapezeschool.com).

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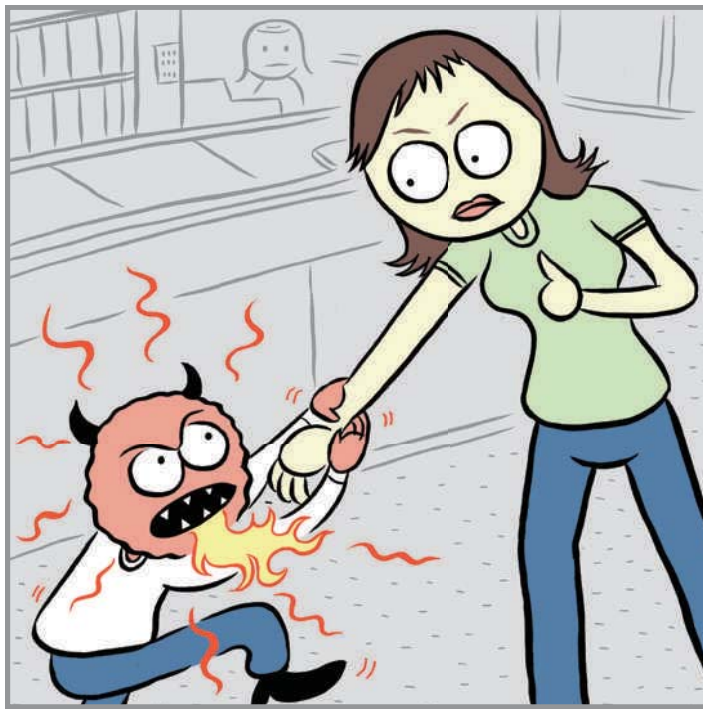
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Packing It Up Isn't the Answer

Q My mother is emotionally unstable, has suffered from depression and alcoholism, and has a hard time drawing boundaries. She is way too quick with an opinion about my husband's job search, when we should have kids, how we should decorate our home, everything you can think of. She stops by all the time. It's gotten to the point that my husband wants to move. I can recognize his frustration, but I also think she would lose it if we left her — both my siblings live out West. **MARITAL TENSION**

It sounds like you can understand your husband's perspective, and you might want to get away yourself but feel guilty about that. But what's the history here, and where's the middle ground? Have you ever tried drawing more boundaries where you are? Have you tried to get her into treatment, or better treatment?

This isn't about geography; it's about whether you're willing to prioritize your marriage and stand up for your partner — and how you plan to handle a parent who's not well. Talk with him about what changes you are willing to make to stand up to her. Here. Now. And if you can't do it, then be willing to get help in trying.

A Problem-Child Problem?

Q I am seeing some signs of aggression in my 4-year-old that worry me. His father has had anger issues (we are no longer together), and I wonder if it is too early to start worrying about this?

Some of my friends say I am overreacting, but they don't see what I see and I wonder if they're just being nice. **WORRIED MOM, VA**

You might be overreacting; it's hard to know. Some kids go through developmentally normal pushy phases that soon work themselves out; other times, today's preschool shoving turns into tomorrow's out-of-control punching.

But the penalty for overreacting is a lot milder than the penalty for underreacting when it comes to aggressive and perhaps violent behavior in young children.

Talk with his pediatrician out of his earshot and get the name of a behavioral specialist — hopefully a psychologist — with whom you can get a consult.

But don't view your child's genetics as destiny. The way you raise him (and that, of course, includes how you let your husband influence his life) will likely be far more important than his DNA in terms of his behavior.



By Dr. Andrea Bonior

Send your questions to Dr. Andrea Bonior at baggage@readexpress.com. Andrea is a local clinical psychologist and author of the book "The Friendship Fix" (Friendshipfix.com).



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Event Horizon On the Beat

Howard University Hospital is trying to win hearts during American Heart Month with events highlighting the No. 1 cause of death in the U.S.: heart disease. From 9 a.m. to 4:30 p.m. today, walk-ins are welcome at the Cardiac Rehabilitation Center on the fourth floor for risk profile screenings (more screenings are scheduled for Thursday). To find out more about the prevention offerings this month, visit Huhealthcare.com.

TEDDY WOLFF PHOTOS/FOR EXPRESS



Wheelbarrow always requires teamwork, but extra communication is needed when the person in front is blindfolded. "I pulled on her ankles to get her to stop," Eliza Moody, in purple, said at the debut class. The standing partners, who had their legs bound by a resistance band, also gave directions so they'd continue in straight lines.



Back-to-back squats forced partners to use each other as support. But only one at a time could check form in the mirror.



Single-leg deadlifts are a balance challenge; without eyesight, everyone wobbled and fought to keep from falling over.

Ready for a Blind Date?

'Fifty Shades of Grey' inspires the use of an unusual exercise prop

To spice things up for February, Washington Sports Clubs in North Bethesda has introduced Tough Love boot camp, a workout designed to be by the book. And in this case, that book is the risqué novel "Fifty Shades of Grey."

"We have bars, bands and blindfolds," instructor Libby Linden Rubin announced at the debut class

Thursday, in a joking reference to the best-seller's bedroom antics.

There's nothing all that sexy, however, about the props in this context. Those bars are weights that need to be lifted, and the resistance bands boost the difficulty level of various exercises. As for the sleep masks, they're a way to turn every move into a balance challenge.

"You'll notice your muscles engaging and be more in tune with your body," Rubin said, warning that the sightless sensation might not be right for everybody. "If you

don't like that feeling, it's an option, of course, to take it off."

During "chapter one" of the class, students pair off for partner exercises, starting with the wheelbarrow. Everyone remembers the childhood classic: One person walks upright while carrying the legs of a partner, who's moving on just his or her hands. Tough Love students graduate to a harder version that adds a resistance band around the ankles of the walker and a mask on the partner.

Not only is it more physically demanding that way, but it also

requires more communication. The person in front doesn't know where to stop to prevent smacking into a wall.

For the next round of exercises, which are performed solo, students have no one to trust but themselves. Rubin has students do one set normally before the masks come on to emphasize just how odd it is to step, jump and reach without visual cues. Students who have perfect form without the masks instantly become wobbly and tentative while wearing them during jumping jacks and lunges.

Eliza Moody, 35, said she sensed

every muscle in her ankles and core struggling to keep her upright.

The muscles Cheryl McAfee felt: the ones in her face responsible for smiling. The 51-year-old laughed as she made her way through the routine: "You can't judge where you are. Lunging back, I couldn't get my balance. I felt like I was drunk."

After the masks came off Thursday, everyone had to sober up quickly — still ahead were V-sits, rows, crunches and pushups. By the end, students were 50 shades of red.

VICKY HALLETT (EXPRESS)

● **WSC North Bethesda, 10400 Old Georgetown Road; Thursdays through Feb. 28, 9:15 a.m., free for everyone; Mysportsclubs.com.**

Recipe File

WARM DOUBLE CHOCOLATE CAKES

Ingredients

- ▶ ¼ cup sugar, plus 8 teaspoons
- ▶ 4 ½ ounces bittersweet chocolate, divided
- ▶ 2 large eggs, whites and yolks separated

- ▶ ⅓ cup plain nonfat Greek yogurt

Makes Eight Servings

Coat eight ¼-cup ramekins with cooking spray, then sprinkle 1 teaspoon of sugar into each.

Finely chop 2½ ounces of the chocolate. Cut the remaining 2 ounces into 16 pieces, then set those aside.

Bring a small saucepan of water to a simmer. Set a medium stainless steel bowl over it and add the 2½ ounces of chocolate to that. Stir occasionally until the chocolate is melted.

In another medium bowl, use an



MATTHEW MEAD/AP

electric mixer to beat the egg yolks with 1 tablespoon of the sugar until they are thick and lemon colored. Set the bowl aside and clean the beaters.

In a third medium bowl, use the electric mixer to beat the egg whites until they form soft peaks. Gradually add the remaining 3 tablespoons of sugar, and continue beating until the whites hold stiff peaks. Set aside.

Remove the melted chocolate from the heat. Stir in the yogurt, then the egg yolk mixture. Add ⅓ of the egg whites to the chocolate mixture, stirring well, then fold in the remaining egg whites until they are just

combined with the chocolate mixture. Divide the batter among the ramekins. Cover and chill for 1 hour.

Heat the oven to 325 F. Tuck 2 bits of chocolate into the center of each ramekin and bake for 15 to 18 minutes. Let cool for 5 minutes. (For a quick sauce, throw 1½ cups of raspberries and 1½ teaspoons of sugar into a blender, strain and serve). (AP)

🔗 140 calories; 70 calories from fat (50 percent of total calories); 8 g fat (3.5 g saturated; 0 g trans fats); 45 mg cholesterol; 20 g carbohydrate; 3 g fiber; 16 g sugar; 4 g protein; 20 mg sodium.

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jhandy@childrensnational.org

Ted Miles

(202) 994-8976

tmiles01@gwu.edu

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Nothing to See Here
Jessica Chastain says she's not feuding with Jennifer Lawrence **31**

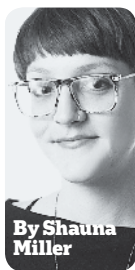
Sound Bets



Blind Date

There are a lot of serious female shredders out there these days. Perhaps the most mind-blowing of them all is Marnie Stern, whose intimidatingly technical playing I can compare only to Eddie Van Halen.

Over three albums — her new “The



By Shauna Miller

Chronicles of Marnia” is out March 19 — Stern has melted my face with her axe skills and odd be-bop vocal style. She also puts on an insane live performance: I saw her play at the Rock

& Roll Hotel, and she blasted the place so hard I thought the building would achieve liftoff.

Stern is on the venerable indie label Kill Rock Stars, which helped all-female bands Team Dresch, Bikini Kill and Sleater-Kinney make a huge mark on music in the '90s. KRS has also re-released early records by punk matriarchs the Raincoats and proto-punks the Delta 5, whose female guitarist, Julz Sale, is an unsung dance-punk hero.

So it was disappointing to see KRS pumping Stern's new disc with a cheesy “Win a Release-Date Date With Marnie Stern” promo. I guess I expected something less patronizing and more in keeping with her talent, like a guitar lesson. What the heck, KRS?

Connect with Shauna on Twitter:
@shaunajmiller.

Screenwriting Reality

Real-life governing increasingly echoes Hollywood's take on Washington politics

Screen

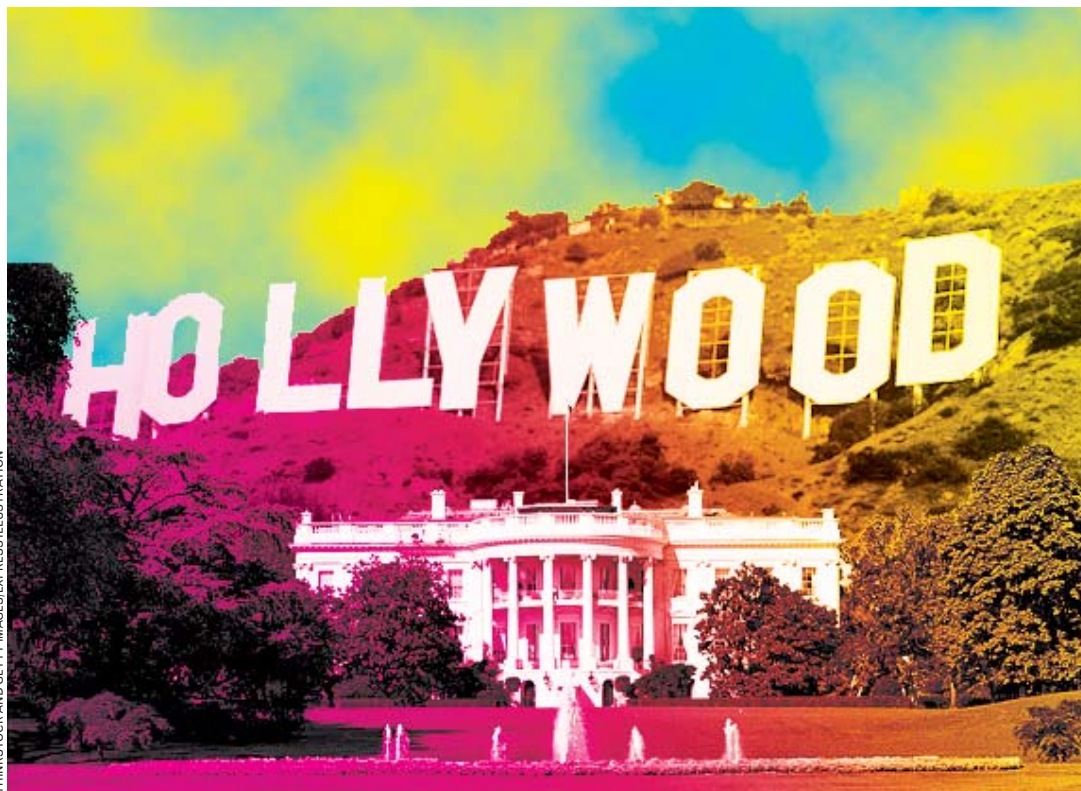
A Democratic president clashes with Republican leaders on Capitol Hill as a polarized nation debates taxes and guns, illegal immigration and gay rights, and, perpetually, the size of government. Is this fictional Hollywood or real Washington? Trick question: It's both.

From 1999 to 2006, the NBC drama “The West Wing” showed America the inner workings of President Josiah Bartlet's made-up

The line between the authentic and the packaged in Washington seems to have grown increasingly fuzzy.

White House. Rewatching its episodes today, it's difficult to ignore the parallels between the fiction of then and the reality of today. Since the show ended — and new TV shows such as “Veep,” “House of Cards” and “Scandal” premiered — the line between the authentic and the packaged in Washington seems to have grown increasingly fuzzy.

The images, dialogue, casting and storylines of political-themed fiction almost always play to stereotypes, implanting notions of the



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Politics Imitates Art

In a 2000 episode of “The West Wing,” President Josiah Bartlet (Martin Sheen, shown) is running for re-election when he dresses down a Hollywood producer demanding he advocate for gay rights, calling it “the worst thing that could possibly happen to gay rights.” In real life, Obama was seeking a second term when he bowed to pressure to back gay marriage. “I didn't want to nationalize the issue,” Obama said, echoing Bartlet's fictional sentiment. (AP)



American system in the minds of viewers and shaping expectations of how politics and governing should look. So has the kind of politicking served up on the screen become so ingrained that it is blowing back into the reality of governing?

Take, for example, the ongoing fiscal crisis, which has seemingly been going according to script. Every few months, the country faces a looming fiscal deadline — tax cuts are set to expire and the nation's debt limit needs to be raised or automatic spending cuts are to take effect.

Act 1 has both Democrats and Republicans calling for compro-

mise and talking of grand bargains. Act 2 finds them digging in on their opposite ideological positions of taxes, spending and government's size, beholden to their bases. Act 3 ends up being both sides leaving the negotiating table and posturing publicly for maximum exposure. Act 4, the finale, is a furious behind-the-scenes wrangling by a select few that results in a narrow-scope late-night deal reached just before the deadline passes. Cue credits.

And you can bet the next episode — be it the gun debate, immigration or cabinet nominations — will follow the same script. LIZ SIDOTI (AP)



Speaking Out, at Last: Amanda Knox, the college junior who spent four years in an Italian prison after being accused of murdering her British roommate, is telling her story to ABC News. The network says Knox will sit down with Diane Sawyer for a prime-time special airing April 30. The exclusive interview also will be featured on other ABC News programming. Knox's book, “Waiting to Be Heard,” will be published April 30. (AP)

Follow the Bouncing Ball

The lyric music video isn't new (see Dylan), but it's gaining use as a promotional tool

Music

The lyric music video — which features words onscreen while a song plays — is not a new phenomenon. Some consider Bob Dylan the pioneer of the lyric video: His 1965 song “Subterranean Homesick Blues” featured the singer holding up large cue cards with the song’s lyrics.

These days, lyric videos are used to promote new songs, giving fans something to hold on to between a song’s release and the launch of an official music video. It has become a part of the marketing repertoire for many of music’s top acts, including Taylor Swift, Katy Perry, Prince, Justin Bieber and Ke\$ha.

Justin Timberlake, who recently released a lyric video for his new single “Suit & Tie,” took things to new heights when the clip broadcast on TV — MTV to be exact.

“As soon as we knew [Timberlake’s label] was going to push out a lyric video, we proactively asked them to let us make this an event the biggest way possible,” says Amy Doyle, MTV’s executive vice presi-



Bob Dylan's 1965 clip for “Subterranean Homesick Blues,” top, is considered the first lyric music video. Justin Timberlake used the form for “Suit & Tie,” above.

“It’s a next level type thing and a great example of what you can do with that medium.”

— AARON BORNS, OF RCA RECORDS, ON JUSTIN TIMBERLAKE’S NEW LYRIC VIDEO

dent of music and talent. The official video, directed by David Fincher, has yet to be released.

When CeeLo Green released the audio version of “[Expletive] You” in 2010, he wanted to maintain the buzz of the song but didn’t have an official video to share at the time.

So Green — along with his management team — huddled up and

created a colorful, cartoonish video with the song’s lyrics appearing onscreen as the song played. Green was hoping he would build more momentum around the groovy song without spending much money.

The video became a viral hit, and a promotional tool.

10M+

The number of times CeeLo Green’s “[Expletive] You” lyric video has been viewed on YouTube. The promotional tool was uploaded in 2010 and became a viral hit. (EXPRESS)

“It was a chance to put out a video and give people a chance to follow the lyrics, helping them understand the song more and gauge their interest,” Green says of the clip, which has more than 10 million views on YouTube.

Timberlake’s lyric video for “Suit & Tie” isn’t just a screen with words appearing in bold fonts. He appears in it, too, looking dapper in suit and tie and a black convertible. So far the clip has about 6 million YouTube views in two weeks.

“It’s a next level type thing,” says Aaron Borns, the senior vice president of marketing at RCA Records, “and a great example of what you can do with that medium.”

JONATHAN LANDRUM JR. (AP)



A Family Tradition Lives On

Album Review

Holly Williams is the kind of poetic songwriter whom country music once embraced. But these days, the powerfully sensitive songs featured on her new album, “The Highway,” are relegated to the independent Americana genre that exists outside country radio.

Writing of struggles with family and faith, living a transient life and dealing with faithfulness and problematic men, Hank Williams’ granddaughter uses personal experiences to explore universal issues.

Amid a raw yet seamless blend of piano, acoustic guitar, subtle rhythms and sonic accents, her songs seek something true amid the bumps and bliss of daily life. She makes listeners feel why that search is important. MICHAEL MCCALL (AP)

Today’s Top Stops

COMPILED BY FIONA ZUBLIN

PAUL BERGEN/AFP/GETTY IMAGES



1 Wainwright Stuff

Ever feel like some people must have been born playing music? Meet wunderkind Rufus Wainwright, son of uberfolkies Loudon Wainwright III and Kate McGarrigle. His 1998 self-titled debut landed him in Rolling Stone as “Best New Artist,” and his subsequent nine albums have seen his style — at times reserved, other times bombastic — shift and solidify. **9:30 Club, 815 V St. NW; Tue., 7 p.m., \$40; 202-265-0930, 930.com. (U Street)**

2 Find the Baby, Win the Prize

If you can’t make it to New Orleans for Mardi Gras, you’ll have to settle for the Bayou Bakery block party, which goes until 11 p.m. Tickets get you drinks, including punches and hurricanes, and/or food, including jambalaya, local Virginia oysters and (of course) slices of traditional King Cake. **Bayou Bakery, 1515 N. Courthouse Road, Arlington; Tue., 5 p.m., \$10 and up; 703-243-2410, Bayoubakeryva.com. (Courthouse)**

3 General Knowledge

There’s something fascinating about a person who’s both smart AND capable of killing you six ways from Sunday. Retired Gen. Stanley McChrystal, famous for leading the Joint Special Operations Command, is just that. Come see him discuss his book, “My Share of the Task.” **Sixth and I Historic Synagogue, 600 I St., NW; Tue., 7 p.m., \$15-\$40; 202-408-3100, Sixthandi.org. (Gallery Place)**



lookout TV tonight

Another Pretty 'Face'

A new modeling competition series looks awfully familiar

Reality

OXYGEN 9:00 There is terrific pressure on a show like "The Face" to both resemble every modeling show that has ever aired and distinguish itself from them.

Photographer Nigel Barker hosts, with supermodels Naomi Campbell, Karolina Kurkova and Coco Rocha serving as judges and coaches. Each assembles a team of four lanky Amazons for competitions. And, as in every reality show



Faces of "The Face": Nigel Barker, Naomi Campbell, Karolina Kurkova and Coco Rocha.

since "The Real World," the ladies share a posh space and fight over clothes and sleeping arrangements.

One brash woman arrives in the models' shared space and proceeds to screech like a banshee and liter-

ally bounce off the walls. Another model mutters something about murdering the newcomer in the middle of the night. It's not new, but at least it could get interesting.

KEVIN McDONOUGH (UNIVERSAL UCLICK)

BEST BETS

ABC 8:00

The Taste In the team challenge, each group is given five ingredients to create a one-of-a-kind dish. For the individual round, everyone is challenged to come up with a dish that pairs best with a selection of wines. Anthony Bourdain, right; Nigella Lawson; Ludo Lefebvre; and Brian Malarkey judge their efforts.



A&E 9:00

Storage Wars Texas An auction in Killeen, Texas, brings back memories for Bubba, who went to high school there. Victor unearths some Civil War collectibles, while Jenny plays safecracker and Mary's refurbishing skills are put to use on a vintage dining-room set.

FX 10:00



Justified When Raylan (Timothy Olyphant, left) finds a severed foot, the race is on to find its owner — and whoever did the amputation. Boyd and Ava, meanwhile, attempt to break into high society. (TRIBUNE MEDIA)

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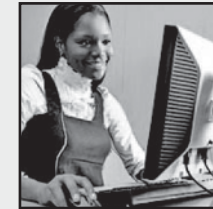
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“I really must find those shoes I saw in Express last Friday.”



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lookout online



Blog Log



▲
 “Pitchers and catchers report today, and it’s estimated that Stephen Strasburg will hit his innings limit tomorrow.”

—@KORKEDBATS jokes about the short leash the Nationals have kept their star pitcher on. Pitchers and catchers report for spring training Wednesday.

▲
 “If your folks are that rich, why the hell are you even trying to get a degree? Just take the money they would have pissed away on a GW degree, buy a nice house, pay it off in cash, and get a part time job to cover utilities and groceries.”

—COMMENTER DONKEYSHOTEA AT DCIST.COM comments on a report that next year’s incoming George Washington University students will pay \$58,488 per year for their education and housing, up more than 3 percent from last year’s freshman class.

▲
 “These dogs are gonna rock some tags because they’re so happy they got adopted. This ‘petody’ (GET IT?) of Macklemore’s ‘Thrift Shop’ is just as catchy as the original, with the addition of the adorable dogs. If you can listen to it fewer than fifteen times, there might be something wrong with the size of your heart.”

—LAURA BECK AT JEZEBEL.COM can’t get enough of the video made by the Pet Collective — spoofing the Seattle rapper’s No. 1 hit — to raise awareness for animal adoption.

▲
 “Mountain Dew is making a breakfast drink for those of you who are too self-conscious to just straight up drink Mountain Dew for breakfast.”

—@MRWORDSWORTH reacts to news that PepsiCo Inc. is rolling out a new drink called Kickstart this month that has a Mountain Dew flavor but is made with 5 percent juice and vitamins B and C, along with an extra jolt of caffeine.

▲
 “Ailing Pope announces successor ... Pauly Shore?!?!? Somebody make the movie.”

—@SETHMACFARLANE has a casting idea after news broke the Pope Benedict XVI plans to abdicate from papacy at the end of February.

Are **ALCOHOL** and **ANXIETY** taking over your life?

YOU MAY BE ELIGIBLE FOR A RESEARCH STUDY testing whether an investigational drug compared to a placebo can help reduce your cravings for alcohol.

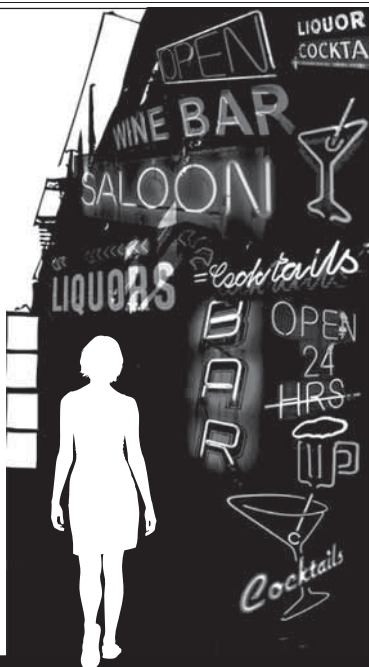
You may be eligible for the study if you:

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- Have tried to stop drinking alcohol but can’t

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- Complete questionnaires, have blood drawn, and have an MRI brain scan

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The National Institute of Mental Health is conducting outpatient research studies on fear and anxiety at the National Institutes of Health Clinical Center in Bethesda, Maryland.

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puzzles lookout

HOROSCOPE

AQUARIUS (Jan. 20-Feb. 18) What begins quickly is certainly worth your attention today. Focus on your technique and on maintaining a balanced approach.

PISCES (Feb. 19-March 20) You may not agree with someone in charge today, but now is not the time to raise an objection publicly. Keep things under wraps for now.

ARIES (March 21-April 19) You may have to adjust your technique today in order to suit another's personal taste. Don't do anything to go against the grain.

TAURUS (April 20-May 20) You may think "it can't happen to you," but today you must take care that you don't put yourself in a vulnerable position.

GEMINI (May 21-June 20) What you have to offer is widely sought after, but you may not be ready to unveil your latest creation. Don't be hasty!

CANCER (June 21-July 22) You will have a hard time getting the kind of quick start you are eager for, but any attempt at forcing things will only work against you.

LEO (July 23-Aug. 22) You have certain information that many others are eager to attain; are you ready and willing to share it—or do you want some remuneration?

VIRGO (Aug. 23-Sept. 22) A friendly competition is likely to heat up today, resulting in a conflict that may not be resolved for quite some time.

LIBRA (Sept. 23-Oct. 22) You'll have a chance to do something today that puts you in a more advanced position. Others want to be where you are today.

SCORPIO (Oct. 23-Nov. 21) You'll have the sense that what you are hearing is truly essential, but you may not know how to use the information just yet.

SAGITTARIUS (Nov. 22-Dec. 21) You may find yourself on the wrong team before the day is out. Don't fret; you are at your best when facing a challenge.

CAPRICORN (Dec. 22-Jan. 19) It's a good day to show off your skills—and it's an even better day to begin developing one or two new ones as well.

Scrabble Grams

PAR SCORE 145-155, BEST SCORE 213

O ₁	O ₁	Y ₄	P ₃	H ₄	S ₁	T ₁

Double Word Score

RACK 1

E ₁	U ₁	U ₁	S ₁	G ₂	T ₁	L ₁

RACK 2

A ₁	A ₁	E ₁	O ₁	R ₁	P ₃	P ₃

RACK 3

E ₁	I ₁	O ₁	L ₁	N ₁	P ₃	H ₄

1st Letter Double

RACK 4

Yesterday's Solution

W ₄	H ₄	I ₁	S ₁	T ₁	L ₁	E ₁	RACK 1 = 71
M ₃	A ₁	R ₁	A ₁	U ₁	D ₂		RACK 2 = 9
I ₁	G ₂	N ₁	O ₁	R ₁	E ₁	R ₁	RACK 3 = 66
H ₄	I ₁	P ₃	P ₃	E ₁	S ₁	T ₁	RACK 4 = 64
PAR SCORE 150-160							TOTAL 210

FOUR RACK TOTAL

Make a 2-7-letter word from the letters in each row. Add points of each word using scoring directions at right. Seven-letter words get a 50-point bonus. Blank tiles used as any letter have no point value. Scrabble is a trademark of Hasbro in the U.S. and Canada.

Sudoku

MEDIUM

6	9	2			5			8
		3		2				
4		9	3		5	2	6	
8	5		9		1			
7		8	5	4			2	
	4		6		8		5	
5	1	6		7	3			4
			8		2			
2		5			7	6	3	

Yesterday's Solution

3	6	5	4	7	1	8	2	9
8	4	7	2	9	5	1	3	6
2	1	9	3	6	8	7	5	4
4	9	3	5	2	7	6	1	8
7	8	1	6	3	4	2	9	5
6	5	2	8	1	9	3	4	7
9	3	8	7	5	2	4	6	1
1	2	4	9	8	6	5	7	3
5	7	6	1	4	3	9	8	2

Need more Sudoku? Find another puzzle in the Comics section of The Post every Sunday and in the Style section Monday through Saturday.

Comics

POOCH CAFE | PAUL GILLIGAN



PEARLS BEFORE SWINE | STEPHAN PASTIS



Forecast

52 | **35**

Today: Partly sunny and breezy today. Clear to partly cloudy tonight.

45 | **35**

Tomorrow: Rain tomorrow. Rain mixing with snow tomorrow night.

Looking Ahead

THU	FRI	SAT
48	37	50
37	50	30
40	26	

Sun and Moon	Almanac
Sunrise today: 7:03 a.m.	Normal high: 46
Sunset today: 5:42 p.m.	Record high: 76
Moonrise today: 8:02 a.m.	Normal low: 30
Moonset today: 8:40 p.m.	Record low: -15

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lookout puzzles

Crossword

PLAY THINGS

ACROSS

- 1 Picket line crosser
- 5 Square things?
- 10 "Arrivederci" city
- 14 Undertake
- 15 Sundance entrant
- 16 Sweeping story
- 17 Say it's so
- 18 Russian pancakes
- 19 Editing mark
- 20 Landlord
- 23 Russian summer retreat
- 24 ___ breeze (vodka cocktail)
- 25 Jungle swinger
- 28 Stopping center?
- 29 South American nation
- 33 Ban from law
- 35 Farther along than
- 37 First name among jazz legends
- 38 Help things along
- 43 ___ to riches
- 44 Bean-producing trees
- 45 Swallow
- 48 Topological shapes
- 49 Defunct airline
- 52 It is abbreviated
- 53 Symbol for density
- 55 Brand of plastic wrap
- 57 Making distinctions of little importance
- 62 Apt anagram for "yeas"
- 64 Like many seals
- 65 Rent-a-car option
- 66 Seaweed you can eat
- 67 "Cheers!"
- 68 It may be in an innie
- 69 Sharp punches
- 70 One of Snow White's seven
- 71 Has trouble keeping up

DOWN

- 1 Stretches of grassy turf
- 2 "As is," e.g.
- 3 Part of CIA
- 4 Docking space
- 5 Pulpit of old
- 6 Gangland gal

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
17					18						19			
20				21						22				
23								24				25	26	27
28				29	30	31	32		33		34			
			35					36			37			
38	39	40							41	42				
43						44								
45				46	47		48					49	50	51
52				53		54				55	56			
			57	58				59	60	61				
62	63					64					65			
66						67					68			
69						70					71			

EDITED BY TIMOTHY E. PARKER

- 7 What villains dabble in
- 8 Baseball outfits
- 9 Cleared a frosty windshield
- 10 Alter the appearance of
- 11 In working order, as a vending machine
- 12 A thousand thou
- 13 Untouchable service
- 21 Vampires' accessories
- 22 James Clavell best seller "___-Pan"
- 26 Gloomy atmosphere
- 27 Significant time spans
- 30 Target center
- 31 College military org.
- 32 Knock off a bowler
- 34 Is dating
- 35 Ballplayer's theft

- 36 Style of many a building in Miami
- 38 Sandpaper surface
- 39 Spouse of a rajah
- 40 Yellowish-white hue
- 41 Combative card game
- 42 Send up a flagpole
- 46 Title of respect, in Mumbai
- 47 Separate wheat from chaff
- 49 Unimportant stuff
- 50 Decreasing in intensity
- 51 Acute anxieties
- 54 Japanese bidder for the 2008 Summer Games
- 56 In any way, shape or form
- 58 Once-sacred snakes

- 59 Weight marked "One Ton," e.g.
- 60 Mimic a kangaroo
- 61 How some people chatter
- 62 Wanted-poster initials
- 63 Longbow wood

Yesterday's Solution

E	P	O	S	I	M	P	S	L	A	M	B		
A	E	R	O	N	E	R	O	C	O	D	E		
C	R	A	F	T	S	M	E	N	H	A	I	T	I
H	U	L	A	H	O	P	S	A	T	E	E	N	
				E	L	I	E	N	T	H	U	S	E
H	O	S	I	E	R	S	T	A	T	E			
U	N	B	A	R	S	W	A	R	Y	F	D	A	
S	T	E	W	S	C	A	L	E	Y	R	O	N	
H	O	Y	S	P	A	Y	P	R	A	T	E		
P	R	A	I	R	I	E	R	E	O				
L	A	U	R	E	L	H	O	U	L	H	A	N	
A	I	R	E	D	C	A	S	S	E	R	O	L	E
T	S	A	R	S	O	N	C	E	A	L	B	S	
E	L	S	E	G	O	S	S	E	A	T			

TODAY IN HISTORY

1818 Chile officially proclaims its independence, more than seven years after renouncing Spanish rule.

1959 The redesigned Lincoln penny — with an image of the Lincoln Memorial replacing two ears of wheat on the reverse side — goes into circulation.

1999 The Senate votes to acquit President Bill Clinton of perjury and obstruction of justice.

express

Published by Express Publications LLC
1150 15th St. NW, Washington, DC 20071
A Subsidiary of The Washington Post Co.

Editorial: 202-334-6800
Fax: 202-334-9777
Circulation: 202-334-6992
Advertising: 202-334-6732
or ads@readexpress.com
Classifieds: 202-334-6200

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people lookout



CAREER CHANGES

Someone Wants to Be A Judge on 'ANTM'!

Helen Mirren appeared at Sunday's BAFTA awards in London with pink hair, several media outlets reported. "I saw it on 'America's Next Top Model,' so I decided to have a go," Mirren told reporters, according to People.com. "I know I won't win tonight," she said (and she didn't), "but I'm going to have lots of fun and celebrate anyway."

She was nominated for best actress for "Hitchcock." (EXPRESS)



AP/GETTY IMAGES



FORGETFUL

'I Have Two Human Children? No Way, Y'all!'

Britney Spears tweeted Friday that she has purchased another dog. "Say good morning to my new baby people," she wrote. According to Radaronline.com, she bought the dog from a breeder. Last year, she bought a dog from a pet store, a move that garnered criticism from animal-rights activists who said the store got its dogs from puppy mills. (EXPRESS)

REACTIONS

Miami: 'Yay!' New York: 'Whatever.' Paris: 'Nooooo!'

Kim Kardashian and Kanye West, who just bought an \$11 million mansion in a Bel Air, Calif., gated community, are interested in buying homes in Miami, New York and Paris, TMZ.com says. The couple are in Brazil but did not, TMZ says, go there to look at property. But they're apparently considering a home there as well. (EXPRESS)



PASCALLE SAGRETA/GETTY IMAGES

Miami, New York and Paris would gladly take Kanye alone, but with Kim? Ugh.

Victims

'I Have to Protect My Windows! And My Kids, I Guess.'

Nadya "Octomom" Suleman said one of the windows in her home was smashed while she and her 14 children were spending Super Bowl weekend at a friend's house, according to TMZ.com. The culprit remains at large. Suleman is having an alarm system installed. (EXPRESS)



JASON MERRITT/GETTY IMAGES

How can they look at each other's long, lustrous hair and not want to pull it?

WOMEN!

'We Can't Fight Because We Just Got Manicures'

Jessica Chastain used Facebook to discredit a rumor that she hates Jennifer Lawrence. "I find it very sad that media makes up bogus stories about women fighting in this industry," she wrote Sunday. "Please don't allow the media to perpetuate the myth that women [aren't] supportive of each other. Every time an actress is celebrated for her great work, I cheer." (EXPRESS)

"For the first time in my life I don't feel like I'm in a celebrity relationship."



— JOHN MAYER TOLD "CBS SUNDAY MORNING" THAT HE KNOWS HIS RELATIONSHIP WITH KATY PERRY IS "HIGH-PROFILE," BUT IT DOESN'T FEEL THAT WAY.

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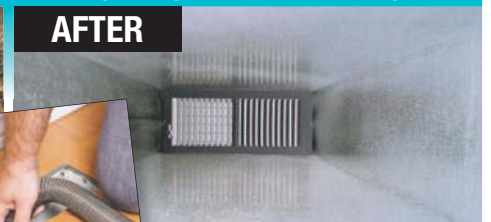


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